

**KIMS & RF , AMALAPURAM**  
**FOUNDATION COURSE - 1ST YEAR (MBBS 2025-26 BATCH)**  
**22-09-2025 TO 11-10-2025**

Date	Day	8 to 9	9 to 10	10 to 11	11 to 12	12 to 1	2 to 3	3 to 4
22-09-2025	Mon	Introduction by Dean Sir	Faculty Introduction	Visit to Anatomy Department	Visit to Physiology Department		Visit to play ground	
23-09-2025	Tues	English Grammar	Visit to Biochemistry	Visit to Hospital	Positive thinking		Visit to Library	
24-09-2025	Wed	Telugu Language	Personality Development	Medical Ethics	CBME		Sports	
25-09-2025	Thurs	Skill Lab	Time Management	YOGA	Gender discrimination		Indoor Games	
26-09-2025	Fri	Meditation	Health Lifecycle	Roles of a physician	Skill Lab		Indoor Games	
27-09-2025	Sat	English Grammar	Communication skills	Skill Lab			Indoor Games	
29-09-2025	Mon	Meditation	Yoga	Tertiary Helath Care system			Indoor Games	

Date	Day	8 to 9	9 to 10	10 to 11	11 to 12	12 to 1	2 to 3	3 to 4	
<b>30-09-2025 to 02-10-2025 (Dussehra vacation)</b>						<b>LUNCH</b>			
03-10-2025	Fri	Skill Lab	Skill Lab	AI	Role play		Visit to UHC		
04-10-2025	Sat	Meditation	YOGA	Interpersonal Relationship			Visit to PHC		
06-10-2025	Mon	Role of IMG	English	Health care system			Computer skills use of IT		
07-10-2025	Tues	Stress Management	Local - Language Telugu	FAP			Computer skills use of IT		
08-10-2025	Wed	Learning SDL	AETCOM	CAL			Indoor Games,Sports		
09-10-2025	Thurs	Biomedical waste management	CBME	Professional Development Empathy			Indoor Games,Sports		
10-10-2025	Fri	AETCOM	Skills CPR	Academic Ambience			Indoor Games	Sports	
11-10-2025	Sat	Communication skills	Positive thinking	Mentor Mentee Meeting			Indoor Games	Sports	